



# Activities during the FairCare Training in Erfurt - 24th - 28th November

## Monday



### Day 1 | Arrival and Informal Networking

The FairCare project's Training in Erfurt began with the arrival of partners and participants. Day one focused on welcoming the group and informal networking, culminating in a joint dinner to reconnect, greet new members, and build trust for the upcoming sessions.

## Tuesday



### Day 2 | Foundations of Peer Training

Before the official training session began at Café B, VSBI led a warm-up and introduction to the training goals and expectations. Participants were divided into two group - people need of care and informal/formal caregivers. The groups collaborated to develop significant peer-training modules that covered self-awareness, the history and principles of peer counseling, individual future planning, consulting techniques, self-representation, and communication with caregivers and communities with the assistance of partners.

## Wednesday



### Day 3 | Reflection, Evaluation and Consolidation

On the third day the modules on marketing and advice, self-evaluation, adult education, and evaluation techniques were completed. Through feedback sessions, both groups were able to assess the peer-training program as a whole. The training materials were changed, and reflection sessions were held after a plenary presentation of the findings from both groups in the afternoon. In parallel, project partners held a Transnational Project Meeting to discuss the developement of the FairCare website and the FairCare collaboration tool.

## Thursday



### Day 4 | FairCare Labs and Study Visit

The day began at Café B Erfurt with another module, led by 3inSocial, addressing the conception of FairCare training and learning centers, marketing strategies, and participant recruitment. In the afternoon, participants travelled to Eisfeld for a study visit, including the Museum Eisfeld and meetings with local stakeholders. Highlights included a visit from the Mayor of Eisfeld and project presentations at Eisfeld Castle, hosted by the Seniors' Advisory Council.

## Friday



### Day 5| Results, Evaluation and Next Steps

The final day combined reflection, assessment, and future planning. After a study visit to Weimar, participants presented group findings, while partners discussed platform development, collaboration tools, community needs, and long-term networking. Closing sessions outlined next steps for collaboration training, followed by a critique and farewell dinner.



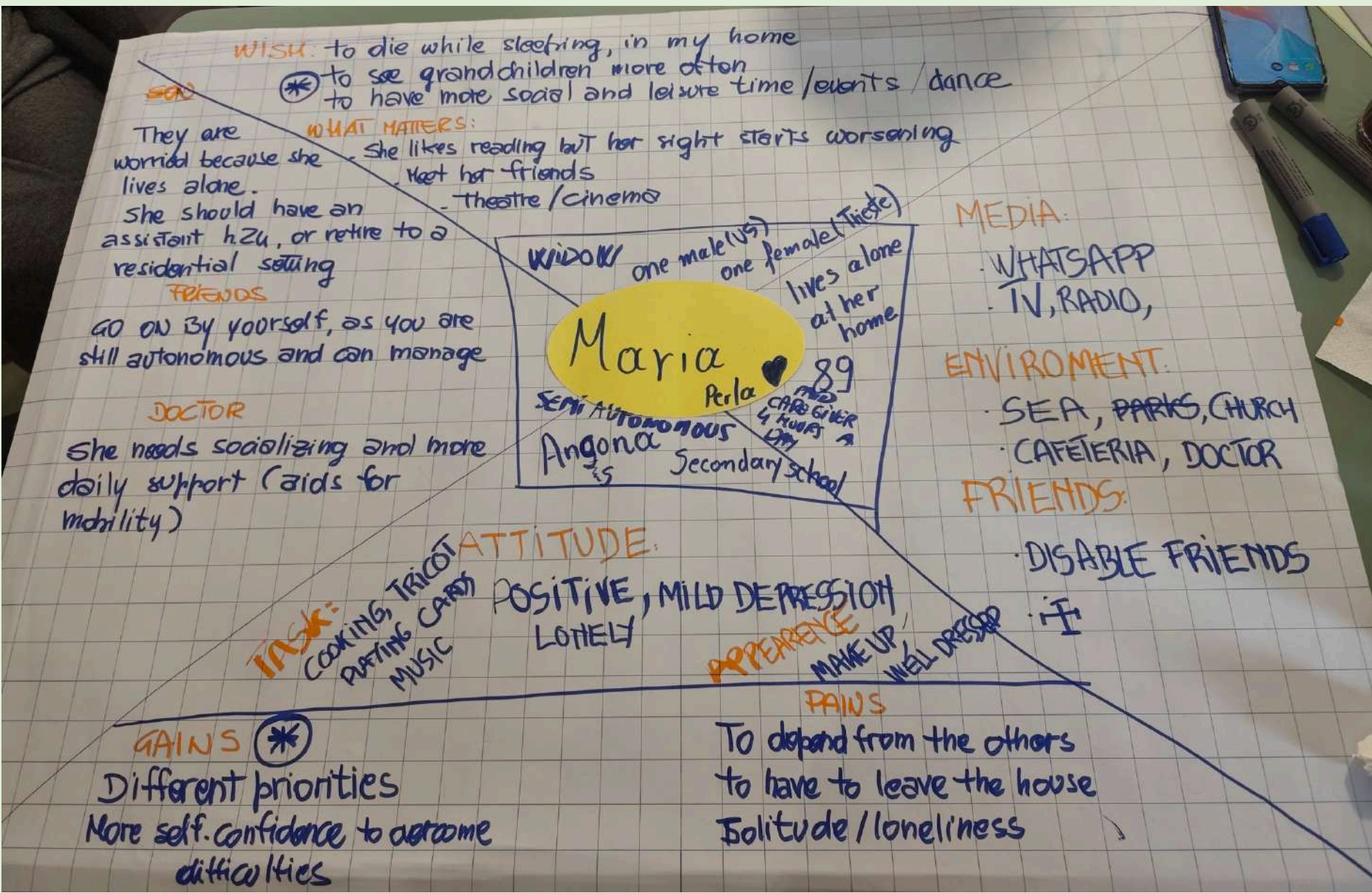
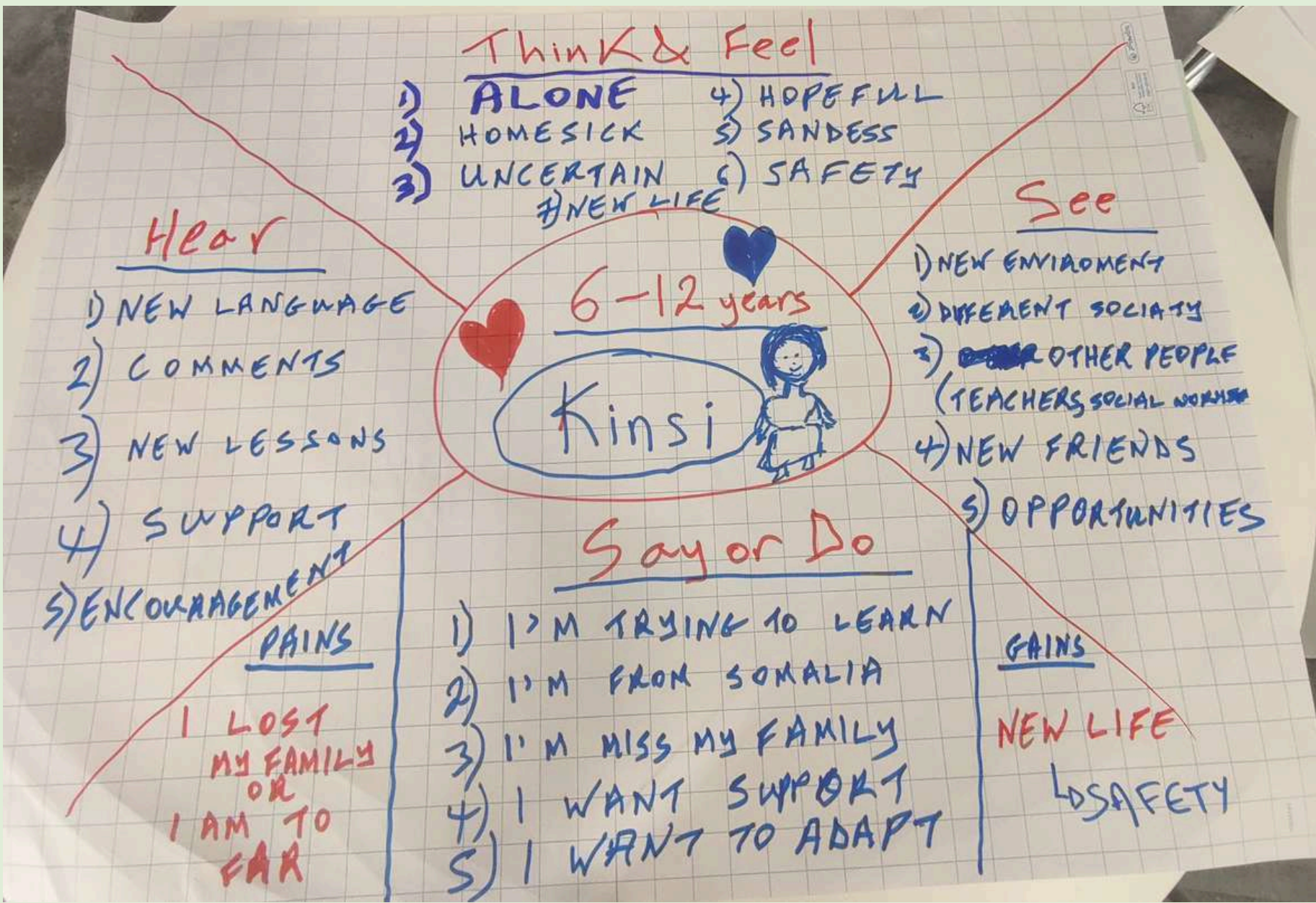
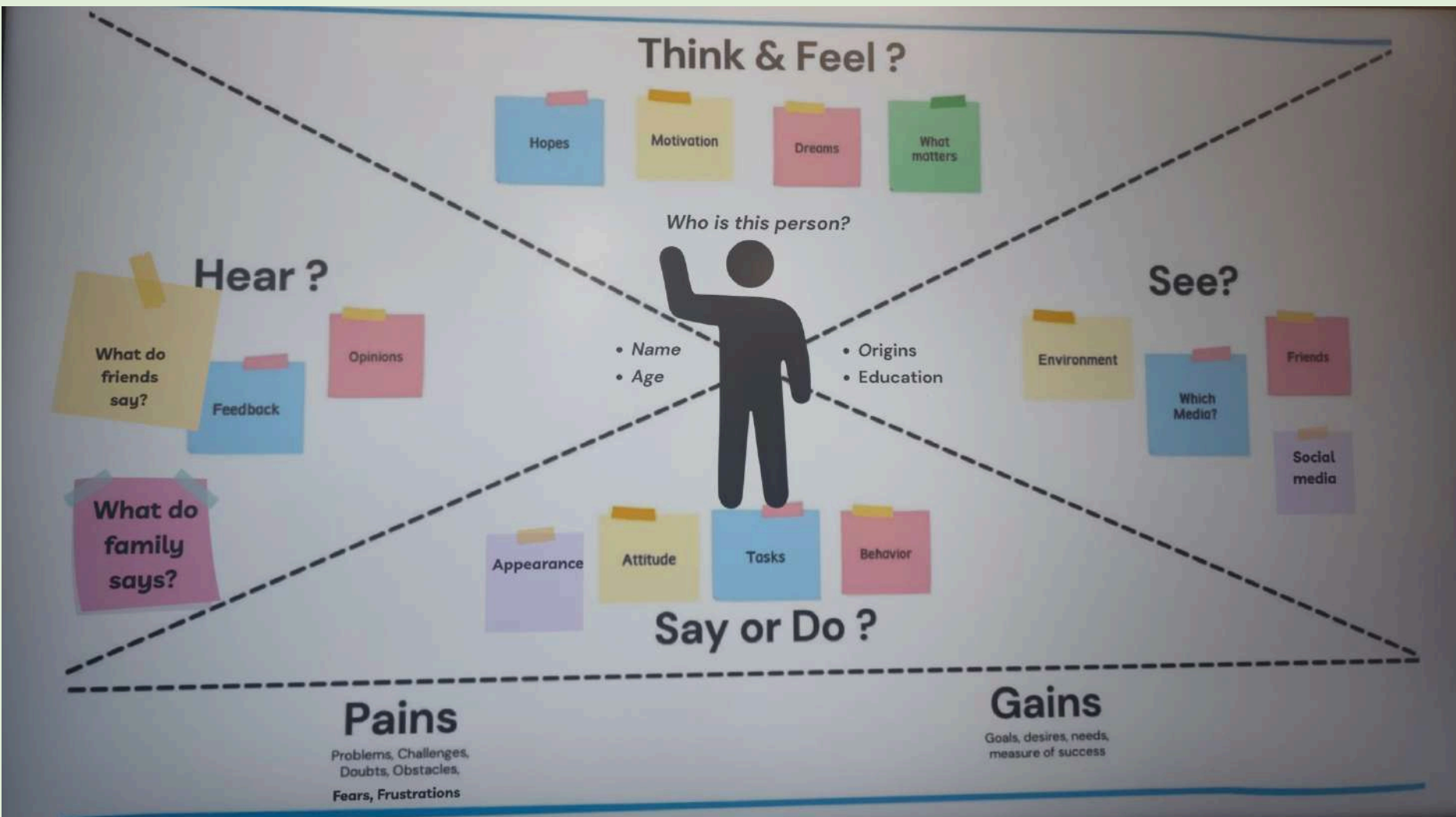
# Evaluation of the FairCare TPM Activities in Erfurt

Co-creating the future of care.

As part of the Erasmus+ FairCare project, a participatory workshop was organized to promote inclusive and person-centered approaches to care. By considering what people think, feel, hear, see, say, or do, as well as their struggles and successes, participants investigated care experiences using the empathy map methodology. This human-centered approach helps to support FairCare's emphasis on dignity, empathy, and moral care practices.

During the workshop, participants identified key FairCare target groups, including older adults, people with dementia, migrants and refugees, children, people with disabilities, caregivers, and individuals facing mental health challenges or social exclusion. Through collaborative group work, realistic personas were developed to represent everyday care situations, encouraging participants to better understand lived experiences and emotional realities.

The activity focused on common challenges like loneliness, loss of autonomy, stigma, and caregiver burden, as well as positive outcomes like safety, empowerment, social connection, and improved quality of life. Overall, the workshop increased awareness of fair and inclusive care practices, contributing to FairCare's mission of promoting respectful, empowering, and sustainable care throughout Europe.



From Erfurt to Europe:  
Fair care for all.



# FairCare Transnational Partner Meeting - ERFURT

## Impact (EU Horizontal Priorities)

The training positively impacted participants, partner organizations, and project implementation by fostering inclusive collaboration between people in need of care, informal and formal carers, and partners in accessible venues such as Café B Erfurt, LIGA Selbstvertretung Thüringen e.V., and the Queeres Zentrum Erfurt.

The partners prioritized inclusion and diversity by ensuring that lived experience and peer perspectives were central to the co-creation of training modules. Facilitators Lisa Risch, Roger Schmidtchen and Veronika Pataki advocated for participatory methods that improved self-determination, peer counselling skills, and adult learning competencies.

In terms of digital transformation, the FairCare Labs helped partners improve their ability to use digital collaboration tools and contributed to the development of the FairCare platform, which improved sustainability, accessibility, and transnational cooperation.

The program also supported the green priority through local venues, shared activities, and study visits, promoting community-based approaches to long-term care.







# European Added Value of the FairCare TPM in Erfurt

The Training and Transnational Project Meeting added European value by bringing together partners, people in need of care, as wells as formal and informal carers to co-create inclusive peer-training approaches that go beyond national perspectives. The mobility fostered active participation, accessibility, and cross-sector cooperation.

The partners collaborated on modules adaptable to diverse European care systems, reinforcing values of equality, inclusion, and self-determination.

The training created additional European learning value by combining training development with outreach, sustainability, and the upcoming FairCare Platform. Study trips to Weimar and Eisfeld, which included a meeting with the Eisfeld mayor, and the Seniors' Advisory Council at Eisfeld Castle, connected project work to practical community practices that can be applied throughout Europe.

Overall, the training confirmed FairCare as a European partnership offering inclusive, scalable, and sustainable long-term care solutions that strengthen transnational cooperation, and improves project quality.







# Meeting with the Eisfeld mayor, and the Seniors' Advisory Council at Eisfeld Castle during the FairCare Training







## Next steps after the Erfurt TPM

Following the Transnational Project Meeting in Erfurt, the FairCare project is entering a critical implementation and validation stage.

Partners will combine the primary project outputs in the near future, making sure that the Toolbox, the Learning Curriculum, and the FairCare Methodology are all in line. The adjustments made during the meeting will be integrated to ensure coherence and practical relevance across all work packages.

A significant next step will be the implementation of pilot training activities in partner countries. Using the agreed-upon materials, partners will begin testing FairCare training modules with people in need of care, informal caregivers, and formal caregivers, with an emphasis on accessibility, participation, and real-world applicability.

At the same time, local FairCare Training Centers will be strengthened to provide inclusive learning environments that encourage peer learning and community-based collaboration. The feedback from pilot activities will be collected systematically and used to improve project results.

Finally, the Erfurt meeting and pilot phase will help shape the FairCare Handbook and Network, while ongoing dissemination efforts will raise the project's visibility and long-term European impact.

### From Strategy to Action

#### Launching FairCare pilot trainings and strengthening community-based care across Europe



### FairCare in Action

#### Testing inclusive training models that empower people in long-term care





# FairCare on Social Media



This is a collaborative project, and we will need participants along the way! Stay updated on our progress and find out how you can get involved by subscribing to our newsletter and like our facebook page. ✉

Best,  
The FairCare Team



**FAIRCARE**  
Inclusion & Self-determination

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